



WINTER
2017

NEEDED SUPPLIES

- Hy-Vee Gift Cards
- QT Gift Cards
- Ticket/Events:
(Ice/roller skating,
movie/play tickets,
pump-it-up, etc.)

DONATIONS

Dorothy's House brings an affordable solution to long-term recovery for girls in our community. We offer a holistic approach to healing and recovery by providing basic needs, supportive care, alternative therapies and a safe place to call home.

Any contribution is appreciated. We are a 501c3 private not for profit.

Please mail to:

Dorothy's House
PO Box 57672
Des Moines, IA 50317

Or donate via:

Dwolla

Or drop off at:

Gloria Dei Lutheran Church
8301 Aurora Ave.
Urbandale, Iowa 50322
515-276-1700

REFLECTIONS

Welcome 2017!

2016 was a year of very steep learning curves. We were blessed at the end of the year to take some time to synthesize this learning into some new processes, additional staff training, and team building and expanded volunteer support plans. This period has left us feeling energized and hopeful for improved programming and processes to ensure better outcomes for all the girls that come to stay with us.

The greatest outcome of the blessing of a brief re-set period was the opening of Gateway House. This enhancement to our program - we hope - will reduce the amount of disruption and triggering for girls further along in their recovery.

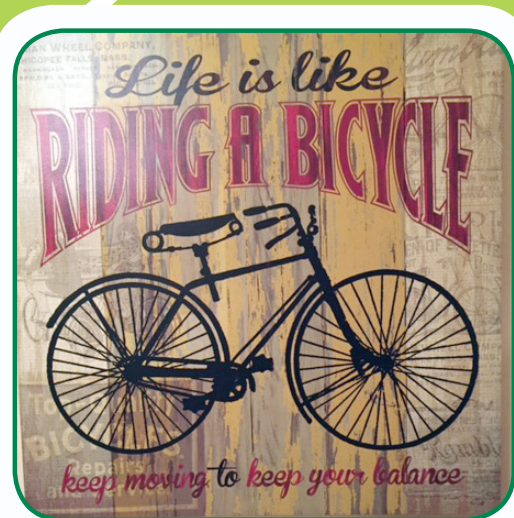
Gateway is a 90 day stabilization program that will allow us to identify and develop a plan for the critical physical and mental health needs of new participants. During this 90 day period we get to know each other, assess needs and ensure that a participant is willing to commit to the program on a long term basis.

We hope a large percentage of our participants will make the move from Gateway to Recovery where we will expand on the services they receive and begin to prepare them for independent living. - Blessings, Kellie Markey

GARDEN

We are getting ready to kick off Gardens 2017. Seeds are ordered and plans are getting put in place for a banner year! We hope to add 2 more chickens to the coop, get our bees buzzing and put the greenhouse into use! We will need help with planting, watering, harvesting and distribution.

If you are interested in helping our garden grow, email us at volunteer@dorothyshouse.org with "Gardens" in the subject line.



One of our favorite sayings: "Life is like riding a bicycle, keep moving to keep your balance."

Introductory meeting:

Saturday, February 25 at 10 a.m.

The Vineyard Church • 2332 Euclid Ave • Des Moines, IA 50310

GRATITUDES



Sasha and the team at Hamilton's.

Hamilton's Funeral Home

The team at Hamilton's Funeral Home wrapped their arms around Dorothy's House at the holidays by putting together custom boxes overflowing with gifts for our participants. Santa was put to shame by the amount of time and effort put into the ideas that made the holidays special for everyone.

The Women's Reciprocity Group

The Women's Reciprocity Group helped celebrate the holidays by putting together gift baskets for our staff who show up every day to walk alongside the girls in our program. Their jobs require patience, bravery, flexibility and courage and we couldn't have a better team.

Thanks to both organizations for making the holidays a little brighter for staff and participants!

St. Stephens Lutheran Church

After an opportunity to share with them the issues survivors face after recovery they supplied us with \$1,100 of gift cards to help supplement our healthy eating plan and gas for our vehicle. We are so grateful to you for this gift!

VOLUNTEER OPPORTUNITIES

Paid in love and gratitude.

Handyman projects - we have about a full day of fix-it needs to be in compliance with a recent city inspection. If you have basic handyman skills and are interested in helping out, send a note to volunteer@dorothyshouse.org with HandyMan in the subject line.

Volunteer Staff Support - we are looking for volunteers to come in and for 3 - 4 hour periods as a second set of hands as we increase our census during the busiest times of the day. Interested? Email volunteer@dorothyshouse.org with 'staff support' in the subject line.

VOLUNTEER CORNER

In preparation for opening Gateway, phClean came and scoured both our properties. Our homes were so clean we didn't even realize how dirty they had been. Sara and her team showed up and took over with efficiency, professionalism and skill.

phClean is a local service, with 2 office locations, Ankeny and Ames.
House Cleaning with Integrity 515-232-8029

WE ARE HIRING

We are hoping to regularly increase our census with some of the outreach we are doing with first responders and crisis intervention organizations. With that expansion comes the need Direct Care Staff and begin utilizing volunteers in a back-up capacity.

If you are interested in any of the positions listed, please send an email to: kelliem@dorothyshouse.org with the title of the position you are interested in the subject line.

Direct Care Staff -

Full Time, Part Time - Q2

Work directly with participants by walking along side them during their recovery.